

WARM

COOL

COLD

FIELD

HEAD:

Wool Cap  $\xrightarrow{\text{ADD}}$

{ Head liner: polypro silk  
Balaclava: Pile Wool

TORSO:

Group Shirt (long sleeves protects you from briars)  
Extra T-Shirt: 1. cotton  
2. polypro

$\xrightarrow{\text{ADD}}$  1. Polypro shirt (turtleneck, if possible)  
2. Wool undershirt  
3. Wool turtleneck  
4. Wool sweater  
5. Down vest

1. pile Jacket (needs outer shell)  
2. Thinsulate Jacket  
3. Heavier Wool Sweater  
4. Synthetic or down parka (Michelin-man)

HANDS:

Gloves: 1. Thin wool  $\xrightarrow{\text{SUBSTITUTE EITHER}}$   
2. Fingerless wool

{ SET 1. Polypro liners, pile mitts, nylon overmitts  
SET 2. Metallic Liners, Dachstien mitts  
SET 3. Fingerless gloves, Wool mitts  
SET 4. Double Mitts

LEGS:

1. Baggy Pants (Army or Painter's) NO JEANS  
2. Shorts and Gaiters

$\xrightarrow{\text{ADD}}$  1. Polypro bottoms  
2. Wool longjohns OR SUBSTITUTE  
1. Wool Army Pants  
2. Knickers and Knee Socks

{  $\xrightarrow{\text{SUBSTITUTE EITHER}}$  SET 1. Polypro bottoms, Pile Pants (needs shell)  
SET 2. Polypro bottoms, Wool Army Pants  
SET 3. Wool longjohns, Wool Army Pants

FEET:

Sturdy Hiking Boots (waterproofed)  
Merrell  
Vasque  
Technica  
Pivetta  
Dexter

Wool Socks (at least 85% wool)  
Liner Socks: wool  
olefin  
silk

1. wear baggies under your liner socks! (makes a vapor barrier lining)  
2. wear 2 pairs of wool socks (no liner)  
note: Do not pinch your toes!

CONS. VEL.

FOUL WEATHER:

SET 1. Gore-Tex Parka (with hood), Gore-Tex Pants  
SET 2. Waterproof Rain Parka (with hood) and Pants  
Windbreaker and Wind pants  
SET 3. Cagoule and Rainchaps  
Windbreaker and Wind pants

NO PONCHOS, UMBRELLAS, ETC.

BASE

Extra Clothes  $\xrightarrow{\quad}$   $\xrightarrow{\quad}$   $\xrightarrow{\quad}$   $\xrightarrow{\quad}$   $\xrightarrow{\quad}$   $\xrightarrow{\quad}$   $\xrightarrow{\quad}$   
Sneakers  $\xrightarrow{\text{SUBSTITUTE}}$   $\rightarrow$  BOOTIES  
Beer  $\xrightarrow{\text{SUBSTITUTE}}$   $\rightarrow$  Schnapps  $\xrightarrow{\text{ADD}}$   $\rightarrow$  stupor  
Stove (may put it in field pack)  $\xrightarrow{\text{ADD}}$   $\rightarrow$  Instep crampons