BASIC ORIENTEERING (B-OR), 17 MAY 1975

OBJECTIVES: To train individuals to effectively travel by orienteering in a variety of wilderness terrain and to familiarize them with modern map and compass usage.

ATTENDEES: ASRC trainees and other individuals who have an exposure to, or will participate in, SUR situations and land navigation problems.

PREREQUISITES: All persons must pre-register with the coordinator for this course. The reference for the instruction is Be An Expert With Map and Compass, available at Appalachian Outfitters and other suppliers. Also, general familiarity with wilderness travel is necessary. Phase II is for those who have attended one or more ASRC B-OR sessions.

OUTLINE:

Phase I

- Intro
- Basic Map and Compass
- Walk Around
- Lunch
- Courses

Phase II

- Intro
- Refresher Course
- Lunch
- Courses

STAFF: Conover, Harrison...

LOCATION: Prince William Forest Park, VA, at the Nature Center. From North: From D.C. and 495, go south on 95. Turn right (west) on 619, then turn right into PWFP. Follow signs to Nature Center.

From South: Go north on 95 toward D.C. Turn left (west) on 619, see above.

From West: Check your map to see if above routes are more feasible. Otherwise, go east on 55, 66, or 29/211 to Gainesville, take 66 east toward D.C. To 234, east toward (Manassas). Follow 234 east through Manassas to 95 south, see above.
ASRC B-OR, PWFP, 17MAY75

TIME: Arrive at PWFP Nature Center by 0830. Sign in at 0900, classes at 0915, finish by 1700 Saturday.

FACILITIES: Telephone, Restrooms, H2O.

EMERGENCY NUMBER: (703) PWFP HQ.

EQUIPMENT: Day pack, trail lunch, H2O, survival, hiking boots & gear, orienteering-type compass (Suunto, Silva...), 2 way radio if possible.

COORDINATOR: Rita Cloutier, W (202) 223-7471, H (202) 946-7652; or Director of Training, H (703) 361-3030.

DEADLINE: ~ 15 MAY 75.

(5 points extra if you can read this map!!)