TRAINING SESSION OUTLINE
17 APR 77
R. BROWN, INSTRUCTOR

I. Rope Handling
   A) Introduction
      1) Rope care
      2) Stacking
      3) Speed Coil
      4) Mountaineer's Coil (including tie-off)
      5) Lap Coil
   B) Knots
      1) Strength and tying practices
      2) Bowline
      3) Bowline-on-a-coil
      4) Figure-8 loop
      5) Butterfly
      6) Water Knot
      7) Prusik
      8) RBS Knot

II. Anchorage
   A) Materials
      1) Carabiners
         a) Construction
         b) Strength
         c) Use
      2) Runners
         a) Single length
         b) Double length
         c) Standard Semi-Tech Evac Anchor
   B) Anchors
      1) Runner
      2) Doubled Runner
      3) Girth Hitch
      4) Tree Wrap
         a) End of rope
         b) Middle of rope (stu'ns'l's tack bend)

III. Litter Loading
   A) Loading
      1) Log-Roll and lift
      2) Blanket lift
      3) Sliding litter under patient
      4) Placing patient in litter
   B) Packaging
      1) Patient tie-ins
      2) Foot tie-in
      3) Crotch straps
      4) Securing Head
      5) Securing Hands